

Junior School Assessment Guidelines for Year 9 Home Economics

September - June

Year 9: September - December

Topics Covered:- Dietary Goals – Eat less fat, sugar & salt
Eat more fibre
The Importance of Breakfast

- **Project:** A Healthy Diet
- **Continuous Assessment:** Students will be assessed on one homework and one practical lesson (10 marks each)
- **Christmas Exam:** Students will be assessed on knowledge and skills they have developed in the above topics, using a range of questioning techniques to include;
 - Fill in the blanks
 - Match-up sentences
 - Problem solving questions
 - Extended writing on a key question

Year 9: January – June

Topics covered:- Vitamin C & Iron
Using Food Processor
Food Storage
Shopping – working out the cost
Healthy Meals for families
Care of Teeth
Reading Food Labels

- **Project:** Students write a factual report on Vitamin C
- **Continuous Assessment:** Students will be assessed on two practical cookery lessons
- **Summer Exam:** Students will be assessed on skills and knowledge developed. Questions will be a similar format to Christmas Exam.