

# Junior School Assessment Guidelines for Year 10 Home Economics

## September - June

### Year 10: September - December

**Course Overview:-** Food Hygiene and Food Poisoning, Bacteria

Freezing

Pastry – Making

Healthy Lunches

- **Project:** BBQ Story – How to prevent Food Poisoning (20 marks)
- **Continuous Assessment:** Students assessed on one homework and one practical cookery lesson (10 marks each)
- **Christmas Exam:** Students will be assessed on knowledge and skills developed in the above topics, using a range of questioning techniques to include;
  - Multiple choice questions
  - Factual recall
  - Analysing specific information and answering questions on it
  - Problem solving questions
  - Extended writing on a key question

### Year 10: January – June

**Topics covered:-** Calcium & Vitamin D  
Nutrition  
Food Labelling  
Consumer Rights  
Budgeting  
Needs of Older People  
Family Life

- **Project:** Students will produce a Healthy Eating Leaflet/Brochure for teenagers.
- **Continuous Assessment:** Students will be assessed on two practical cookery lessons, each practical marked out of 10.
- **Summer Exam:** Students will be assessed on skills and knowledge developed in the above topics. Questions will be of a similar format to the Christmas Exam.