



DON'T
BE AFRAID
TO FAIL.

BE AFRAID
NOT TO TRY.

3

EXAMS AND REVISION

REVISION

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- Revision means “to look at again”. You need to look at things again as part of learning as well as in preparation for exams.
 - But we need **active** ways to do this “looking again”.
 - Revision gives time for reflection and learning. You can start to see the big picture, you can add in more details and examples. You may discover something you still don’t understand and you can ask your teacher about it again.

WHAT AND WHEN?

- Ask your teacher what topics you need to revise for your exam.
- Many teachers will give you revision notes or a revision guide.
- Check you have the relevant information, notes or handouts in your book/folder. If not, get a photocopy or take a picture on your phone.
- Make sure you have a copy of your exam timetable and know which day each exam is on.
- Some students find it easier to use a revision timetable – set aside time each day and decide what subjects you want to revise.



TIMES	8.00am - 4.00pm	4.00pm - 6.00pm	6.00 - 6.45pm	6.45pm - 7.45pm	7.45pm - 8.00pm	8.00pm - 9.00pm
MONDAY	School time!	Drama Club	Dinner	Homework	Social Media	Homework / revision
TUESDAY	School time!	Revision	Dinner	Homework	Social Media	Homework / revision
WEDNESDAY	School time!	Netball	Dinner	Homework	Social Media	Homework / revision
THURSDAY	School time!	Revision	Dinner	Homework	Social Media	Homework / revision
FRIDAY	School time!	Chill out!	Dinner	Homework	Social Media	Homework / revision
TIMES	9.00am - 10.00am	10.00am - 11.00am	11.00am - 1.00pm	1.00pm - 3.00pm	3.00pm - 5.00pm	5.00pm - 6.00pm
SATURDAY	breakfast/ shower etc.	Hour of power revision!	See friends / Lunch	Revision	Watching / playing sport / gaming	Revision
SUNDAY	breakfast/ shower etc.	Revision	Sport / Lunch	Flash card review	Out with family	Get someone to test me / Dinner



WHERE AND HOW?

- Try to choose somewhere to revise that is bright, airy and has a desk for you to sit at.
- Most people revise in their bedroom – BUT make sure you ban devices, social media or distractions when you are trying to concentrate.
- Vary your revision place. It's a good idea to put up posters, lists and post-it notes in other places in the house.
- Some students find they revise well with friends and it is a good idea to do this sometimes as a bit of variety and fun.
- Some people find listening to music helps them to concentrate, but sometimes songs with too many lyrics are distracting as you concentrate more on listening to the song.
- There are different ways you can revise – there is no right or wrong way – find the technique that best suits you!

Revision tips and tricks



Record it

Record yourself on your phone or tablet reading out information. Listen as many times as you want.

Teach it

Teach someone your key facts and get them to test you or you test them!



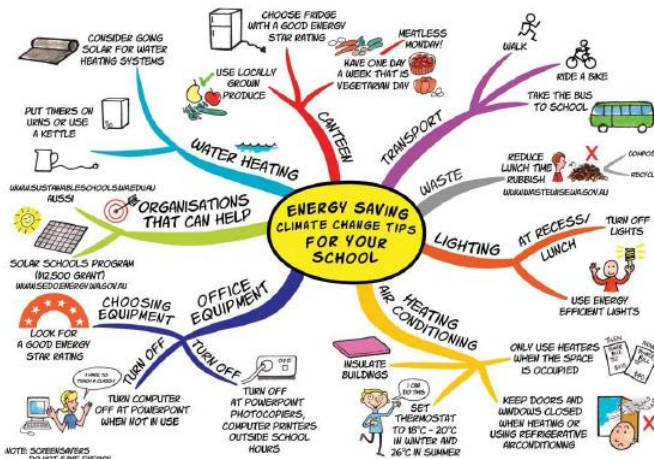
Post it's

Write as many key words/dates/facts as you can remember in one minute. OR stick these in your room, on doors, or mirrors to help you remember.

Mindmaps

Draw keywords/facts about a topic with pictures and information about each.

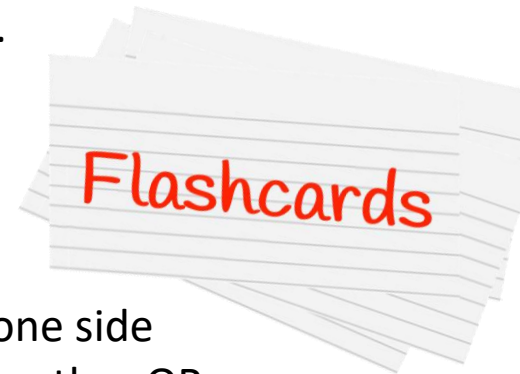
MIND MAPS



Practice

Some students remember better by writing facts over and over again.

OR use practice exam papers.



Flashcards

Write a keyword/fact on one side and an explanation on the other OR Write brief facts about a topic you can read through easily.

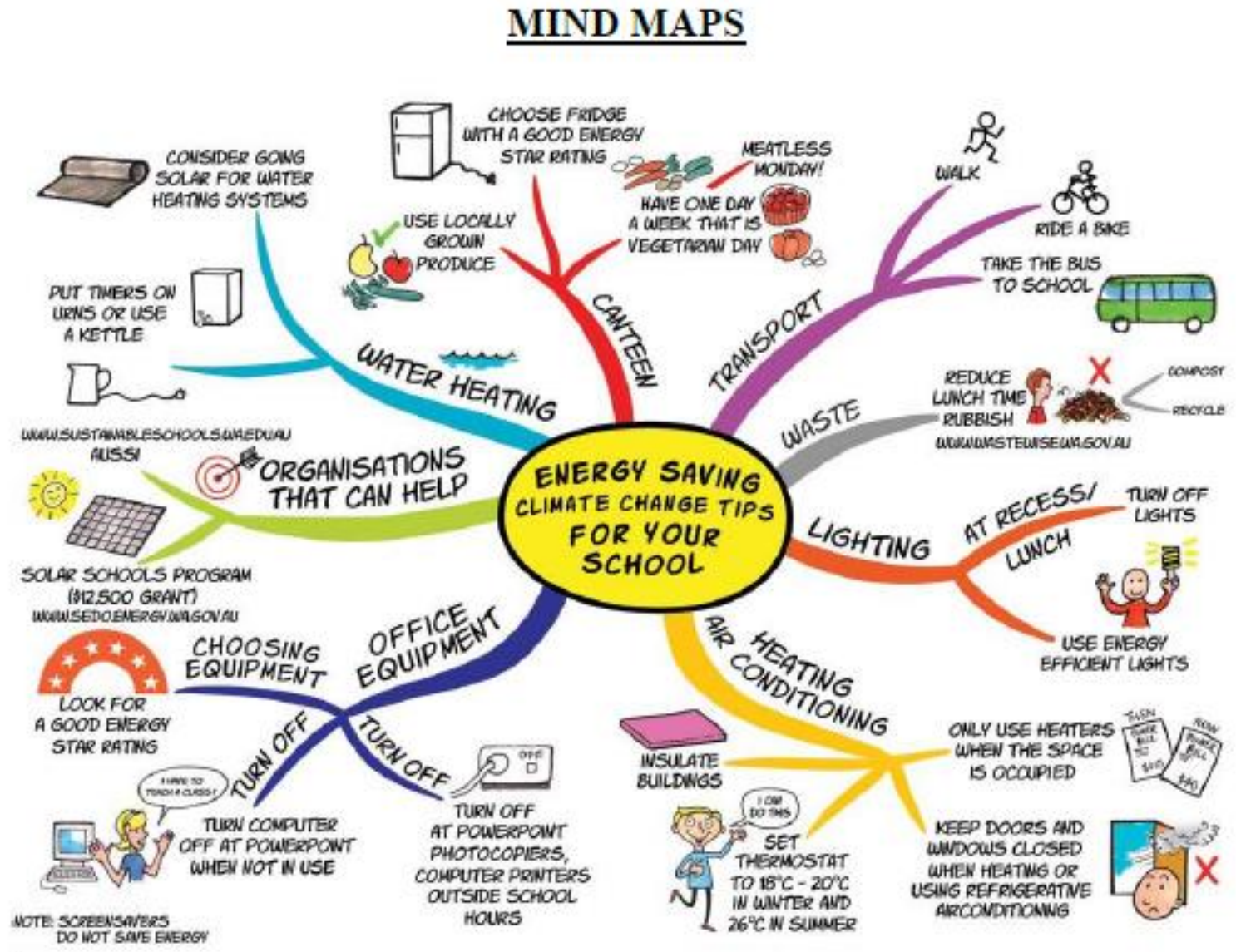


Read Aloud or Sketch it

Simply read facts or information out loud as your revise. Draw pictures to remind you of something.

MIND MAPS

- Mind maps allow you to summarise a topic on to one page.
- Add lines for each section of a topic and use keywords or phrases.





HIGHLIGHTERS

- Remember to highlight key words, dates, or meanings.
- This is a good way for the key information to stand out when you are revising.
- Be careful you don't highlight it all – this just makes the page a nicer colour!
- Teachers will help you to select important information if you aren't sure.

DEALING WITH EXAM STRESS

If stress affects you, try to find ways to maintain a positive attitude and cultivate a positive approach during your revision.



KEEP FIT

by taking some exercise you enjoy



RELAX

perhaps by sitting quietly or meditating



EAT WELL

but healthily



PLANNED TIME AWAY

take some planned time away from study, rather than avoiding revision

THINGS THAT CAN HELP



RECOGNISE ACHIEVEMENTS

be pleased with your achievements as you revise



SLEEP

get sufficient sleep

REWARD YOURSELF

reward yourself with an occasional treat



If you are feeling stressed or worried, talk to any of your teachers, your parents or friends.